

The 2<sup>nd</sup> Asian Network Symposium  
Nutrition reference and dietary recommendation in Asian countries  
~from nutrition science to policy~

Date: 3<sup>rd</sup> March, 2006 (Friday) 13:30~17:30  
Venue: National Institute of Health and Nutrition  
1-23-1, Toyama, Shinjuku, Tokyo, 162-8636



### Background

The National Institute of Health and Nutrition (NIHN), established in 1920, is the world's oldest national research institute in the field of nutrition.

NIHN was transformed from a national institute to into an incorporated administrative agency in 2001, and since then, we have been enhancing the efforts to establish the nutrition research to meet the social needs, by which we could contribute to the solutions of health and nutrition problems not only in Japan but also in the world, focusing on Asia.

Now, on the occasion of 85<sup>th</sup> anniversary of the foundation of NIHN, and of the 5<sup>th</sup> anniversary as an incorporated administrative agency, the 2nd Asian Network Symposium will be held on 3<sup>rd</sup> March 2006. Several nutrition experts, both in Japan and abroad, will be invited for the academic debates and exchanges of views on the nutrition science and policy. Focusing on the theme of nutrition reference and dietary recommendation, we expect to deepen the debates on present situation and future directions of each country, and then to discuss the possibilities of future research collaboration and harmonization.

#### Supporting bodies:

- \* Ministry of Health, Labour and Welfare, Japan
- \* The Japan Dietetic Association
- \* The World Health Organization, Regional Office for the Western Pacific

### Program

- 13:30 Opening Address  
Dr. Shaw Watanabe (Director-General, NIHN)
- 13:40 Symposium  
[Chairpersons: **Dr. Nobuo Yoshiike** (Director, Center of Collaborative Research, NIHN)  
and **Prof. Hee Young Paik** (Council member, IUNS)]
- ① **Recommended Energy and Nutrient Intakes: Philippines, 2002**  
Prof. Corazon Barba  
(Director, Institute of Human Nutrition and Food, University of the Philippines, Los Banos)
- ② **Nutrition Challenges and Development of the Recommended Dietary Allowance (RDA) for Vietnam**  
Dr. Nguyen Cong Khan  
(Director, National Institute of Nutrition, Vietnam)
- ③ **Country report for Singapore: Nutrition References and Dietary Recommendations in a Multi-ethnic Society**  
Dr. Mabel Yap  
(Director, Research & Information Management Division, Health Promotion Board, Singapore)
- ④ **Nutrition Reference and Dietary Recommendation: Country Report from Korea**  
Prof. Hee Young Paik  
(Dept of Food and Nutrition, Seoul National University)
- 15:00~15:20 Coffee Break
- ⑤ **Dietary Reference Intakes (DRIs) in Japan**  
Dr. Satoshi Sasaki  
(Project leader of "Scientific Evaluation of DRIs", NIHN)
- ⑥ **Dietary Guidelines and Food Guide for Japanese**  
Prof. Yukari Takemi  
(Department of Nutrition Sciences, Kagawa Nutrition Univ.)
- 15:50 Open Discussion
- Debaters:  
Dr. Soichiro Iwao (Director, WHO Centre for Health Development)  
Dr. Van S. Hubbard (Director, NIH Division of Nutrition Research Coordination, USA)  
Prof. Shigeru Yamamoto (Univ. of Tokushima)  
Prof. Shinkan Tokudome (Nagoya City University)  
Prof. Teiji Nakamura (President, The Japan Dietetic Association)  
Prof. Toru Takebayashi (Keio University School of Medicine)  
Dr. Misa Nishida (Research Institute, International Medical Center of Japan)  
Dr. Shaw Watanabe (Director-General, NIHN)  
Dr. Osamu Ezaki (Director, Division of Clinical Nutrition, NIHN)  
Dr. Nobuo Yoshiike (Director, Center of Collaborative Research, NIHN)
- 17:20 Closing Address  
Dr. Nobuaki Shibaie (Executive Director, NIHN)

Secretariat: Office for International Collaboration, NIHN  
E-mail: mikimiy@nih.gov.jp