



## **IUNS workshop on Capacity and Leadership Development in Nutritional Sciences**

*Second announcement*



The International Union of Nutritional Sciences (IUNS) has organized Nutrition Leadership Training programs in various regions after Capacity Building guidelines were developed by IUNS and United Nations University (UNU) in 1996. Following the previous IUNS workshop on Capacity and Leadership Development in Nutritional Sciences organized in 2010, the next regional Nutrition Leadership Training program will be held in Japan in March 2014.

The UN high-level meeting on non-communicable diseases (NCDs) held in 2011, where governmental representatives (e.g. former ministers), private institutions and the World Health Organization (WHO) assembled, declared NCD as one of the prioritized global health issues. Following this declaration, the specific goals to be achieved by the year 2025 were set, and each country has been working on the NCDs prevention and control strategy. Concurrently, WHO set the “Global Targets 2025: To improve maternal, infant and young child nutrition”, including “40% reduction in the number of children under-5 who are stunted” and “30% reduction in low birth weight”. As mentioned above, the coexistence of overnutrition leading to NCDs and undernutrition in the same country or community has become the most significant nutritional problem, so-called “double burden of malnutrition”.

The principal aim of the upcoming workshop is that the participants from Japan as well as other Asian countries will share their experiences and acquire the necessary knowledge and skills for leadership development toward the solution of the above global health and nutrition issues.

### 1) Local Organizing Committee

IUNS Committee of the Science Council of Japan  
Japan Society of Nutrition and Food Science (JSNFS)  
The Japanese Society of Nutrition and Dietetics (JSND)  
The National Institute of Health and Nutrition, Japan (NIHN)

### 2) Date and Venue

Date: March 11 (Tue) 9:30am ~ March 13 (Thu) 5:00pm, 2014  
Venue: National Institute of Health and Nutrition and a nearby facility for field trip

### 3) Theme:

Achieving the global nutrition and NCD targets by 2025 - Promotion of a healthy diet to combat the double burden of undernutrition, obesity and diet-related NCD

### 4) Main Contents:

- Lectures
  - Active participation is expected in the interactive programs (e.g. country report presentation, group works).
- Field visit
  - A nearby facility related to the focal issue of Workshop will be visited.
- The 6<sup>th</sup> Asian Network Symposium on Nutrition, hosted by NIHN (March 12, 2014; 13:30-17:30)
  - All the participants are supposed to actively participate in the Symposium as observers.

5) Schedule of the workshop (tentative)

Time	March 11 (Tue)	March 12 (Wed)	March 13 (Thurs)
a.m.		<b>8:30-9:15 LECTURE (1)</b> Research and Development of Food Products for healthy diet (JSNFS)	<b>8:30-12:00 GROUP WORK (3)</b>  Discussion on how to implement those strategies in terms of R&D of food products, comprehensive educational program, and improvement of social environment, to combat the double burden of undernutrition, obesity and diet-related NCDs  (10:30-11:30 Observation tour of NIHN, 30 min for each of 2 groups)
		<b>9:15-10:45 GROUP WORK (2)</b>  Discussion on strategy and perspective to combat the double burden of undernutrition, obesity and diet-related NCDs	
	<b>9:30-10:00</b> <b>Opening/Orientation</b>	<b>10:45-11:15 Coffee break</b>	
	<b>10:00-11:30 Keynote Lecture</b> The double burden of undernutrition, obesity and diet-related NCDs: global situation and response	<b>11:15-12:00 LECTURE (2)</b> Comprehensive educational approach for healthy diet (JSND)	
	<b>11:30-12:00</b> <b>Introduction of GROUPWORK</b>		
<b>12:00-13:00</b>	<b>Lunch break</b>	<b>Lunch break</b>	<b>Lunch break</b>
p.m.	<b>13:00-15:30</b> <b>GROUP WORK (1)</b> (including country report)  <b>What's a healthy diet?</b> For example, - Nutritionally well-balanced meal - Energy-dense and nutrient poor foods and beverages - Salt reduction - Fat reduction, etc.	<b>13:30-17:30</b> <b>The 6<sup>th</sup> Asian Network Symposium on Nutrition (NIHN)</b>  Improvement of social environment for healthy diet	<b>13:00-14:30 GROUP WORK (4)</b>  Discussion on policy coherence for addressing the nutrition challenges of the double burden of undernutrition, obesity and diet-related NCDs
			<b>14:30-15:00 Coffee break</b>
			<b>15:00-17:00</b> <b>GROUP PRESENTATION and closing</b>
evening	<b>16:00-16:30</b> <b>Orientation of FIELD TRIP</b>		<b>17:00-19:00</b> <b>Farewell party (optional)</b>
	<b>16:30~ FIELD TRIP</b>		

6) Principal local organizing members

1. Representative, IUNS Committee of the Science Council of Japan  
Makoto Shimizu (Project Professor, Research Center for Food Safety, Graduate School of Agricultural and Life Sciences, The University of Tokyo)
2. IUNS Council Member  
Teruo Miyazawa (Professor, Laboratory of Food and Biodynamic Chemistry, Graduate School of Agricultural Science, Tohoku University)
3. Chair of the Organizing Committee  
Hisanori Kato (Project Professor, "Food for Life", Organization of Interdisciplinary Research Projects, The University of Tokyo)
4. Chair of the Executive board  
Yukari Takemi (Professor, Nutrition and Ecology, Department of Nutrition Sciences, Kagawa Nutrition University)
5. Chief of the Secretariat  
Nobuo Nishi (Chief, Center for International Collaboration and Partnership, National Institute of Health and Nutrition)

7) Expected number of participants and eligibility

About 30-35 participants (10-15 from Asian countries and 20 from Japan)

Eligibility criteria for application include;

- Working/research experience in the field of community nutrition and/or nutritional sciences
- Communication skills in English
- Highly motivated person with future leadership in the main theme of workshop

**Note: All the participants are supposed to participate in the program for 3 days throughout.**

8) Participation fee:

Participation fee is free of charge. For overseas participants, minimum travel expenses (air-fares and accommodation) during the IUNS workshop will be covered by the Local Organizing Committee.

9) Application

a. Application documents

- Application Form (Available from the NIHN website; <http://www0.nih.go.jp/eiken/english/index.html>)
- Letter of reference/recommendation (preferably, from the head of the applicant's affiliation)

b. Deadline

Application will be accepted during the following period; **October 17 to November 30 December 10, 2013**

**Contact / Submission of the Application**

Miki Miyoshi (Secretariat for the IUNS Workshop)  
Section of International Nutrition Research and Development, National Institute of Health and Nutrition  
FAX: 81-3-5287-3404; E-mail: nihn-ccp@nih.go.jp